**10.30-11.30**  **Registration, networking, Tea & Coffee**

**11.30-11.35**  **Welcome & Housekeeping**

Mhairi McGhee Director of Samphire

**11.35-11.45** **Introduction to Samphire, History & Overview of the Post Detention Project**

Indre Lechtimiakyte, Legal & Migrant Support Manager

Post Detention Support Project Staff

**11.45-12.00** **Spoken word/Poetry performer**

 Miss Jacqui

**12.00 – 12.15 Immigration system and Mental Health**

Migrant Organise – Brian Dikoff

**12.15 – 12.30** **Legal Support (Access & Regulated Advisors)**

 Refugee Action – James Conyers

**12.30 – 12.45** **Uncomfortable Conversations**

 Joint Council for the Welfare of Immigrants (JWCI)

**12.45 – 1.00** **A word from** **Samphire’s Steering Group**

Lucy – Reading poem (5mins)

 Aissata – Reading a self-written piece (5mins)

 Diana – Singing/Speech (5mins)

**1.00 – 1.15 Music by Hear Me Out**

**1.15 – 2.15** **Lunch Break**

**2.15 - 3.15** **Workshops:**

Workshop 1 **Mental Health & Well Being – MIND Brent, Wandsworth and Westminster (max 20)**

Workshop 2 **Telling Your Story for the Change You Want - Migrant Voice (max 20)**

Workshop 3 **Creative Writing – Shazea Quraishi – Poet & Trustee of English Pen**

Workshop 4 **NHS Charges & Unpaid Bills - Doctors of the World National Health Advisors**

**3.15 – 3.30** Short Break & Reconvene in Main Auditorium

**3. 30 – 4.30** Open floor, panel discussion and closing remarks.